



David “DJ” Kiselak

2021

#13 WR

from
Coppell, TX



6' 1"
193 lbs



3.55
GPA



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Dear Coach,

If I could show you a player, especially a Dallas-Fort Worth born and raised homegrown player, that you already can get a great sense or feel that he could truly be that positive impact player you've been looking for, how quickly would you want to genuinely get to know him?

I only ask because I would like to take this opportunity to introduce myself and let you know how truly excited I am to prove to **Fans** that your giving me a scholarship as a **2021 WR** and now on the field playing for in the 2021 season. I hope that you will consider me as a worthy candidate.

Academics have always been very **important** to me since as long as I can remember. Going to Coppell High School has really given me an opportunity to excel with a wide array of classes while maintaining a **3.55 GPA**. I have the drive, ambition and focus to work hard and to be one of the best. I am determined to make it big and I have the ability to do it. I am very confident and self-disciplined in all that I do.

During my upbringing, I have been more than fortunate to train and grow physically as well as mentally with several professional football players and athletes, while staying focused on both **academics and football**. I truly feel I would be an excellent addition to your college, not only as a football receiver, but as a person of **integrity** and **passion**. Since I started high school, I have played on the high school football team and have been on the track team. While I have tried several different sports, I love football as this is where my passion lies.

I have extensive *knowledge of all the rules and regulations* surrounding football and the ability to follow them correctly and completely. Becoming a college football player is my goal and I know I have the **ability** and **determination** to reach elite levels. I am confident that I can be an asset as a member of your team. I have a **positive attitude** and the ability to **work** as a team member and the skills to help lead our team to the top. I always take care of my body, eat healthy and maintain a rigorous exercise **routine**.

When you have a moment, please could You call me at **214-280-8934** to arrange a meeting in which we can discuss my qualifications and other information relevant to your offering me a scholarship!

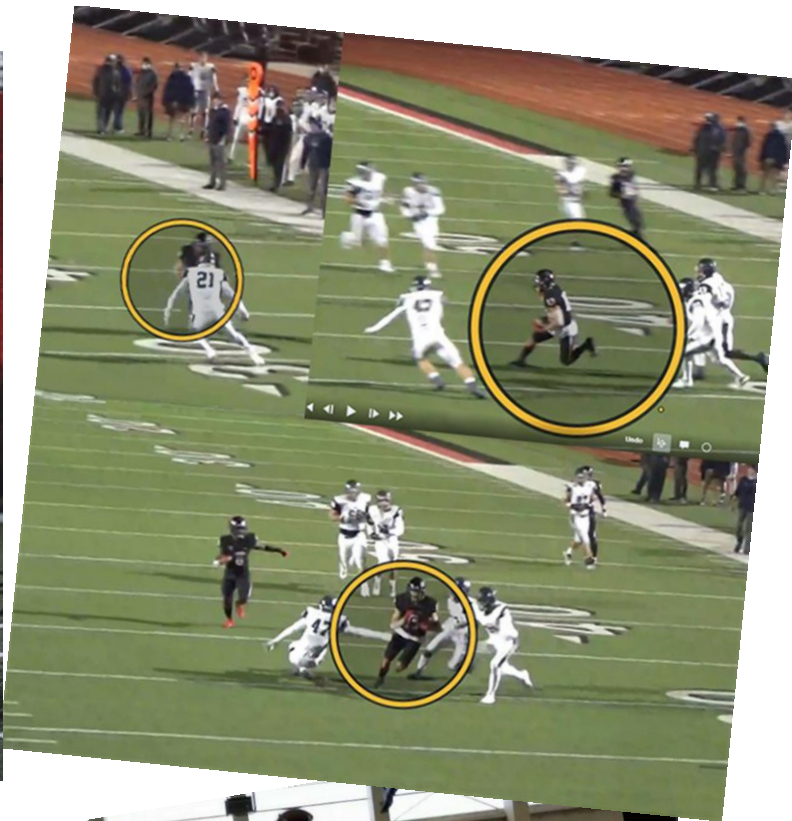
Thank you.

Sincerely and always respectfully,

David "DJ" Kiselak

DJ Kiselak

If You See It Here, You Feel Great Doing It



Now About Our Wide Receiver (WR)



David “DJ” Kiselak is a Coppell High School **Football Wide Receiver (#13 WR), Varsity Track 4x100 and 4x200 Relay (Sprinter)** that truly demonstrates his *“Heart of A Champion!”* in all he does. From his current body-sculpting to play like DJ Metcalf or listening to D-Rob explain how he taught him to excel out of his breaks consistently *making Defensive Backs pick themselves up off the ground!*

David “DJ” Kiselak will be graduating from Coppell High School **Class of 2021** in May with a **3.55 GPA** and multiple Varsity Letters from multiple sports and is now looking to expand upon the opportunity to play at the next level, and do it as a student-athlete successfully graduating with a *Degree in Finance*.

DJ is a motivational speaker in the making as his ability to effectively communicate to those he coaches and motivates people to actually *“Take Action,”* all while these younger players he coaches are fully confident they too can simply *“Do It!”*

Between school, training and workouts to master his craft, DJ loves spending time with his family, especially his niece (*pictured together above*), traveling the world, reading new books, working on his car and mostly watching NFL films and breaking down the defenses.

You can email **DJ Kiselak** directly to see when he is available for you to get a feel for him and really discuss his enrollment to your university by emailing DJKiselak@zonewd.com or more quickly calling him on **(214) 280-8934**.

You can also reach his parents in Coppell, TX:

- **David Kiselak** via email, text or call... **(214) 680-1329** or David@zonewd.com
- **Beth Kiselak** via email, text or call... **(214) 418-6581** or Beth@coppellisd.com



Step 1 : NCAA Eligibility Completed



Eligibility Center

[Demographic Information](#) [Course Information](#) [Academic Eligibility](#) [Eligibility Descriptions](#) [ACT/SAT Test Scores](#) [High School Info](#)
[Show All](#)

Demographic Information

NCAA Id	2101997151
Name	David Kiselak
Address	820 S Macarthur Blvd Ste 105-190 Coppell TX (Texas) US (United States Of America) 75019
Phone	214-280-8934
Graduation Date	01-May-21
Current High School	Coppell High School 441485

NCAA ID 2101997151

NAME David Kiselak

Student's Current High School Information

High School Code	441485
High School Name	Coppell High School
Status	Cleared
Address	185 W Parkway Blvd Coppell TX - 75019
Contact No.	214-496-6131
Core Course Update Date	13-Aug-20

Step 2 : Current Transcripts

1/13/2021

Student Transcript

Page 1 of 2

Student: Kiselak, David Robert
257 Simmons Dr
Coppell, TX 75019

Coppell High School
185 W. Parkway Blvd.
Coppell, TX 75019

Coppell ISD

(214) 496-6100

CEEB #: 441485

Birth Date: 11/16/2002**Phone:** (214) 680-1329**State ID:** 635843217**Graduation Date:****Student ID:** 59551**Grade:** 12**Ethnicity:** Not Hispanic/Latino**TX Grant Eligibility:****Parent Guardian:** David Scott Kiselak**Gender:** M**Race:** White**Certificate of Completion Date:****Graduation Program Type:** Foundation High School Program**Student Unique ID:** 7823725991**Year:** 2017-18**Gr:** 09**Year:** 2018-19**Gr:** 10**Building:** Creekview HS

057903006

Building: Coppell High School

057922001

Dept	Course	SEM1	SEM2	FINAL	Credit
Math	03100500	ALG 1	87	96	1
Sci	03010200	BIO	80	H	0.5
Sci	03010200	BIO	76	H	0.5
FA	03830100	DANCE 1	98	1	92
Eng	03220100	ENG 1	90	H	85
FL	03410100	FREN 1	95	96	1
HPE	PES00000	SUBATH1	100	100	1
SS	03320100	W GEO	94	90	1

GPA: 4.7286 Tot Crt: 7.000 State: 7 Local: 0

Dept	Course	SEM1	SEM2	FINAL	Credit
CATE	13034200	ADVERTIS	98		0.5
SCI	03040000	CHEM	80	75	1
CATE	13024300	DOLLARSE	95		0.5
Eng	03220200	ENG 2	85	H	81
FL	03410200	FREN 2	86	H	89
Math	03100700	GEOM	82	84	1
HPE	PES00001	SUBATH2	100	100	1
SS	03340400	W HIST	88	85	1

GPA: 4.5 Tot Crt: 7.000 State: 7 Local: 0

Year: 2019-2020**Gr:** 11**Year:** 2020-21**Gr:** 12**Building:** Coppell High School

057922001

Building: Coppell High School

057922001

Dept	Course	SEM1	SEM2	FINAL	Credit
Math	03100600	ALG 2	93	92	1
FA	03500100	ART 1	87	96	1
CATE	13012100	BUSMGT	99	98	1
Eng	03220300	ENG 3	89	84	1
Sci	03050000	PHYSICS	88	72	1
HPE	PES00002	SUBATH3	100	100	1
SS	03340100	US HIST	87	97	1

GPA: 4.5857 Tot Crt: 7.000 State: 7 Local: 0

Dept	Course	SEM1	SEM2	FINAL	Credit
SS	03310300	ECO-FE	87		0.5
Eng	03220400	ENG 4	81		0.5
Sci	03060200	ESS	82	H	0.5
SS	03350100	PSYCH	95		0.5
Math	13016900	STATBDM	92		0.5
HPE	PES00003	SUBATH4	100		0.5

GPA: 4.55 Tot Crt: 3.000 State: 3 Local: 0

1/13/2021

Student Transcript

Page 2 of 2

Student: Kiselak, David Robert
257 Simmons Dr
Coppell, TX 75019

Coppell High School
185 W. Parkway Blvd.
Coppell, TX 75019

Coppell ISD

(214) 496-6100

CEEB #: 441485

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Weighted GPA 5.0 Scale 4.5979

Weighted GPA 4.0 Scale 3.55

Credit - Tot: 24.000 State: 24.000 Loc: .000

Endorsements Dist Lvl Achieve Business and Industry Arts and Humanities Multi Disciplinary Public Service STEM

Pursuing

Pursuing

Pursuing

CPR INST - Speech Req Met - Peace Officer Inst Met - 11/15/2018

End Of Course Tests

English I	4573 - II	Spring 2018	Algebra I	4362 - III	Spring 2018	Biology	4242 - II	Spring 2018	US History	Exempt	COVID
English II	4283 - Meets	Spring 2019									

COPPELL INDEPENDENT DISTRICT DOES NOT RANK.

Coppell High School Official
Applying grades 90 or above, P = Pass; F = Fail

Grading Scale: A=90-100 B=80-89 C=70-79 F=69 and below

The following codes appear in column next to semester mark: A=State Articulated;C=Correspondence;D=Dual Credit;E=Credit by exam without prior instruction;G=Gifted & Talented;H=Honors;I=International Baccalaureate Course;J=High School Course completed prior to grade 9;K=Pre-International Baccalaureate;L=Local Credit;M=Magnet Course;P=College Board Advanced Placement Course;Q=Pre/ADV Placement;R=Summer School;T=Credit by exam with prior instruction;X=Innovative Course;Z=Distance Learning;1=PE Equiv/Waiver;2=CTE Coherent Seq;3=District Eval;4=CTE Satisfies;5=Reduced Credit Due to Excessive Absences;7=A TEKS-based course that includes 100 minutes of moderate to vigorous physical activity per five-day school week taken to satisfy the physical education requirement on the Foundation High School Program;8=A course other than a Languages other than English (LOTE) course taken to satisfy the LOTE requirement on the Foundation High School Program;9=A course taken by a student with written permission from the student's parent/guardian to satisfy the fourth science requirement for the arts and humanities endorsement on the Foundation High School Program;12=HS Course completed prior to grade 09;Course taken by distance learning. Refer to rules for appropriate use.

Step 3 : Family Football Legacy



David S. Kiselak (Dad)

- **3x Football Letterman, SMU (Southern Methodist University), Dallas, Texas**
- Bachelor of Science: Psychology, Minor: Public Relations & Corporate Communications
- Co-Owner of The Zone Group, Inc., Stability And Family, and ZoneWD cognitive consulting and coaching on the power of thought inside sports psychology

Michael J. Kiselak (Uncle)

- **3x Football Letterman, University of Maryland, College Park, Maryland**
- **12 Years Professional Football from 1990 – 2001 including NFL / CFL Teams:**
 - Kansas City Chiefs
 - Houston Oilers
 - New York Giants
 - Toronto Argonauts
 - Dallas Cowboys



Scott Flanick (Cousin --- Graduated 2020)

- **4x Football Letterman, Army Football, West Point, NY**
- **3x Bowl Winner --- Playing in his first Bowl Game 2016 Heart of Dallas Bowl**
- **2x Commander-In-Chief Winner**
- Long-Snapper and back-up Linebacker
- Graduated 2020 and deployed

Will McDonald (Cousin --- Currently playing)

- **2x Football Letterman, (#14 AP) Coastal Carolina, Conway, SC**
- Lined up at Center versus the Spartans, grading out at 92 percent
- Consistently achieving a spot on the Dean's List (3.25 GPA or Higher)

Step 4 : Professional Trainings

HIIT Speed Training with Vedo Vallala --- Owner and Founder of Smarter Fitness Gym

- HIIT is also known as High Intensity Interval Training that focuses more on the speed of every movement within the workout and translates that speed of movement conditioning of the muscle movement
- A far stronger cardiovascular workout strategy that is specifically designed to condition your muscle memory perfectly fit for a sport like football.
- I would typically begin with a moderate paced warm up then begin the designated movements;
- During my sessions with Vedo I would focus on the growth of my speed while maintaining mental discipline to read the Defense and being more aware to things I do such as focusing on opening my hips to coming out faster and under control which allowed me to get in and out of my breaks faster which ultimately led to quicker route running.

D- Rob Always Open --- NFL and College Professional Receiver Trainer

- D- Rob has been one of the most influential trainers I've had because he completely made me look at the game in a whole new way;
- I focused on speed out of breaks as if you're running a brand-new route out of your break of current route;
- We worked on keeping my body control low and under controlled as well as my releases.

Speed Awareness with Chessna Davis; Olympic Sprinter and TCU Track Record Holder

- Running track in the offseason of football I believe makes me a more positively impactful receiver because by body is better conditioned and you do it in a different type of way;
- While I was training throughout the Summer I spent most workouts learning and practicing the control of my breath during my sprints;
- When I was able to sync my steps and have a good rhythm with my breathe I was more easily able to produce more power which obviously made me faster;
- During practice we usually ran 100's, 200's and occasional 400's.

Speed and Agility Work with Willie Pile --- NFL Dallas Cowboys, CFL Toronto Argonauts (DB)

- Training with Coach Pile was most beneficial because at a really young age I was around my Uncle Mike’s teammates from the Cowboys, so he initially taught me about the ability I have to control my body;
- When he was coaching me we focused a lot on quick feet within short area distance and getting that fast twitch;
- We spent most of the time on ladder footwork and cone drills;
- We also spent a large amount of time on the form on how to run different tests such as the 40 yard dash and 3 cone drill.

Full USA Football Nationals Week --- Showcased by USA Football

- After being given an immediate offer to the USA Football National Team competitions from the USA Regional camp, I successfully competed at that higher level consisting of a full week of two-a-days with a game to conclude the week;
- We spent the first practice half pack in the morning and focused more on the competitive aspect of the game, such as 1 on 1's and 7 on 7;
- We then would have meetings in the afternoon to watch film and discuss with our coaches where we needed to improve;
- We then would hit the field for a late afternoon practice where we focused more on individual position drills and routes on air to get timing with the quarterback;
- We learned a lot about the aspect of the game and mostly added a lot of different press releases to my "tool box".

ZoneWD Cognitive Coaching --- by David Kiselak, SMU 3x Football Letterman

- The most helpful skills I learned with these cognitive classes was pattern recognition and developing an overall more opened awareness;
- Focusing on pattern recognition within the way I learn and process information transitioned to the field by helping me realize patterns in defenses and coverages;
- I also focused on creating a larger peripheral vision through being more aware of how by body does certain movements or routes and improve.

Step 5 : Letters of Recommendation

- **Jose Jefferson**, *Co-Founder/Executive Director of College Gridiron Showcase (CGS) Football Combines and Allstar Event*

402-499-3399, josejefferson70@outlook.com

- **Austin Burge**, *IFBB Professional Body Builder*

210-334-8554, beezyphysique@gmail.com

- **Jamie Offerman**, *Business Owner/Entrepreneur*

817-727-7178, sacredenergytools@yahoo.com

- **Coach Chris Lackey**, *Special Teams Coordinator / Outside Linebackers Coach, Coppell High School*

806-928-2065, lackeyex@hotmail.com



To whom it may concern:

I am writing this letter of recommendation of DJ Kiselak. This young man has a GREAT passion for football and for life. I was honored to meet him while hosting my event, the College Gridiron Showcase. He was a great volunteer for the event and is very poised for a young man. He has a great spirit and a solid foundation which you can tell was taught by a strong family system.

DJ makes me smile when I see him and would be a great fit in any situation. DJ is ALWAYS welcomed at the College Gridiron Showcase as my hope is to see him there as a player. I am here to say DJ has my full recommendation to you and if you would like to discuss this young man more, please feel free to reach out to me – (402) 499-3399. Thank you for your time and attention.

Jose Jefferson

Co-Founder/Executive Director

College Gridiron Showcase

January 26, 2021

Austin Burge
Professional Bodybuilder
IFBB Classic Physique Pro
San Antonio, Texas
BeezyPhysique@gmail.com
(210) 334-8554

To Whom It May Concern:

I am pleased to write this letter of recommendation for DJ Kiselak. In the period of time I have known DJ, I have found him to be a reliable and conscientious person. He is a hard worker and dedicated to achieving his goals. He listens to guidance and takes it to the next level. In all of these situations, DJ has shown himself to be confident and goal oriented.

I have also found DJ to be an intelligent individual, who is willing to take the lead in situations. His good judgement has been important on several occasions when playing football and running track for Coppell High School, while maintaining the importance of his school work.

In short, I would recommend DJ as a trustworthy person who can be relied upon. He will prove to be a valued student and football player to the college that is fortunate to get him. Please feel free to contact me regarding this recommendation if needed.

Thank you,

Austin Burge
Professional Bodybuilder
IFBB Classic Physique Pro
San Antonio, Texas
BeezyPhysique@gmail.com
(210) 334-8554





Dear Admissions Committee,

It is my pleasure and honor to recommend David “DJ” Kiselak to your institution. DJ has a contagious energy and always has a positive attitude. He is humble with the belief that he can always improve and be better. That is so rare in the younger generation but also essential to the learning process.

DJ has a servant’s heart. By his actions and involvement with my business he has inspired me to give back to my community and has volunteered beside me. One of DJ’s strongest qualities is his mindset for growth and diversity. DJ’s strong belief in his ability to acquire new skills and improve through practice was likely shaped by his years as a football player and his passion for the sport. He understands the value of being a team player. He is a dedicated, reliable and trustworthy friend who always has your back.

I am confident that DJ will continue to demonstrate the same commitment, diligence, perseverance and optimism that he has shown me and so many others. I highly recommend David “DJ” Kiselak for admission.

Sincerely,

Jamie Offermann

Owner/Artist

Sacred Energy Tools

sacredenergytools@yahoo.com

(817) 727-7178

January 27, 2021

Chris Lackey
Special Teams Coordinator/Outside Linebackers Coach
Coppell High School
185 W Parkway Blvd.
Coppell, TX, 75019

To Whom It May Concern:

I am writing a letter recommendation for David Kiselak. I have had the privilege of working with David over the last year as a football coach at Coppell High School. He was an asset for our team at receiver and on special teams. He is a young man of great character, work ethic, discipline, and commitment. I believe he would be an outstanding addition to any football team.

Please accept this letter of recommendation as my personal views of David Kiselak as a player and a person. His commitment to his family, to his team, and to his friends is unwavering. It has been an honor to be associated with David and I cannot wait to see what he accomplishes in the future.

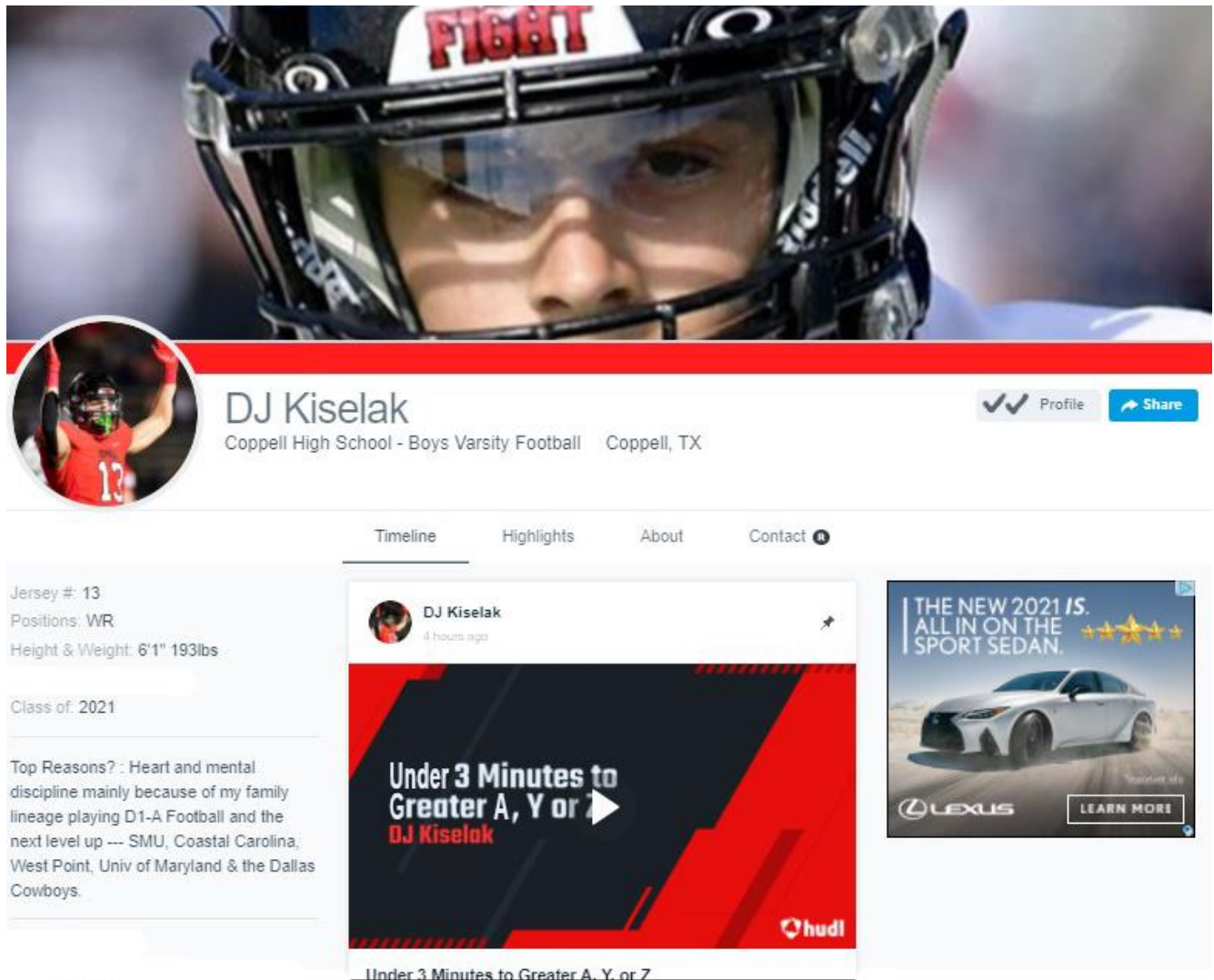
Sincerely,

Chris Lackey



Step 6 : Hudl Video

www.DJKiselak.zonewd.com



DJ Kiselak Direct Link to see it all ...

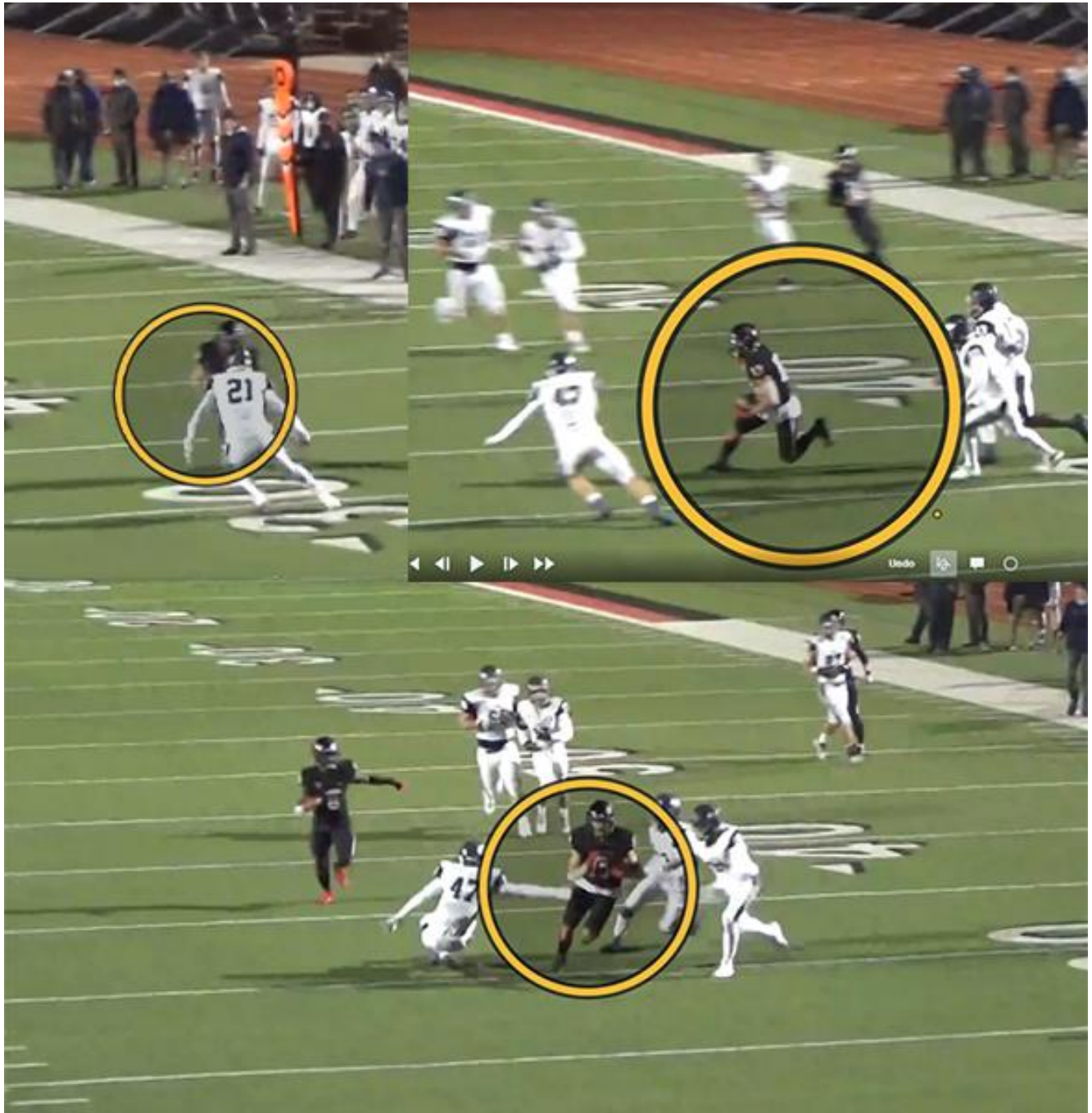
<https://www.DJKiselak.zonewd.com>

DJ Kiselak Hudl Profile... <https://www.hudl.com/profile/11669791/DJ-Kiselak>

Hudl video Direct Link... <http://www.hudl.com/v/2Ey2B4>

Step 7 : Additional Reassurance

Because although he's not the fastest on our roster, and he's probably not our quickest either... But his level of conscious awareness in the game, makes his shifty field play... Extremely challenging for opponents --- And a huge benefit for our team.



For Our Future Development



Training Contacts and Networks

Name	Phone	Email	Notes
David Kiselak	(214) 680-1329	David@zonewd.com	Dad / SMU Football
Michael Kiselak	(214) 797-6363	Kiselak63@gmail.com	Uncle / Dallas Cowboys
Willie Pile	(571) 334-7199	Willie_Pile@yahoo.com	Dallas Cowboys
Jose Jefferson	(402) 499-3399	josejefferson70@outlook.com	CGS Allstar Event
Austin Burge	(210) 334-8554	beezyphysique@gmail.com	IFBB Pro Bodybuilder
Jamie Offerman	(817) 727-7178	sacredenergytools@yahoo.com	Business Owner
Chris Lackey	(806) 928-2065	lackeyex@hotmail.com	HS Football Coach
Vedo Vallala	(972) 849-0942	Vedo@SmarterFitnessGym.com	Speed Coach
Scott Flanick	(845) 820-0732	srbbabyblue6@aol.com	Cousin / Army Football
